

how long can I keep this?

fresh meat

fridge

freezer

ground beef & stew meat

1-2 days

3-4 months

ground turkey, veal, pork, lamb

1-2 days

3-4 months

steaks

3-5 days

6-12 months

chops

3-5 days

4-6 months

roasts

3-5 days

4-12 months

chicken or turkey

1-2 days

1 year

fish

1-2 days

2-3 months

fresh shrimp, scallops, crawfish, squid

1-2 days

3-6 months

deli meat

ham, cooked

3-4 days

1-2 months

lunch meats, unopened

2 weeks

1-2 months

lunch meats, opened

3-5 days

1-2 months

bacon

7 days

1 month

raw sausage

1-2 days

1-2 months

smoked fish

14 days

2 months

eggs

fresh eggs

4-5 weeks

NA

yolks & whites

2-4 days

1 year

hardcooked eggs

1 week

NA

leftovers

soups & stews

3-4 days

2-3 months

cooked meat & meat dishes

3-4 days

2-3 months

cooked poultry dishes

3-4 days

4-6 months

cooked fish

3-4 days

4-6 months